



**PARENT INFO MEETING:
MAY 2ND 6:30 VIA
ZOOM**

**TRYOUT CLINIC:
MAY 31ST 3:30-6:30**

**FINAL TRYOUT:
JUNE 1ST 5-7
(TENTATIVE)**



BHMS

Cheerleading Tryouts



**MAKE LIFELONG
FRIENDS**

**IMPROVE YOUR
ATHLETICISM**

**SHOW YOUR SCHOOL
SPIRIT**



Go Broncos! 

Bret Harte Cheerleading Tryouts 2022-2023

Do you want to make life-long friends, improve your athleticism, show your school spirit, and have tons of fun? Now is your chance! Bret Harte Cheer is back in full speed for the 2022-2023 school year!

All athletes must fill out the packet in full before tryouts. They can be found in the Bret Harte office or on the school athletics and booster club website

<https://www.bretharteathletics.org>

Tryouts will be held in the Bret Harte cafeteria. Athletes must come in athletic wear, tennis shoes, hair up and no jewelry. Results will be posted June 2nd on the Student Services window. Our try out clinic day is MANDATORY. Athletes will not be able to attend final tryouts unless they are present at clinic day. Tryouts dates and times are as follows:

TRYOUT IMPORTANT DATES

Parent Info Meeting Via Zoom: May 2nd at 6:30 p.m.

CLINIC DAY: May 31st 1st 3:30-6:30

FINAL TRYOUT: June 1st 5-7 (depending how large our tryout group is)

Results Posted June 2nd

First day of tryouts students will learn the fundamentals of cheerleading, followed by a short routine and cheer that will have to be performed on the final tryout date. This is also the time where Coach Corrinne will be able to see how your athlete interacts with other athletes in a practice environment. On the second tryout day, athletes will be assigned to groups. They will perform the routine and cheer that was given, jumps, and any tumbling they might have. Athletes will be evaluated on areas such as sportsmanship, performance, and work ethic. Results will be posted the next day at the Bret Harte Student Services window.

The following areas will be evaluated at tryouts:

Cheer

Loud and clear voice, sharp and aggressive motions, and confidence

Dance

Energy, performance, accuracy, rhythm, interaction with judges (eye contact), excitement, sharpness, and personality

Jumps

All candidates will learn 4 cheerleading jumps on day of the clinic. These include right and left hurdlers, pike, and a toe touch. Athletes will throw each of these jumps with their group on the final tryout. Areas they will be judged on is leg height, motion technique, and synchronization.

Tumbling

All candidates must have a forward roll, cartwheel, and round-off to make the team. Front walkovers, back walkovers, back handsprings, and tucks are highly recommended but not required.

Attitude and Sportsmanship

All that matters is that you are having fun. This will translate while you are performing. Be kind and inspiring to everyone trying out for the team. Everyone is nervous and could use a few encouraging words their way!

Other Important Dates:

First Practice: June 6th 3:30-5

Uniform Fitting: TBD (should be late June)

Cheer Camp: July 11th -14th

2022-2023 Cheer Expenses

Our program runs off of booster club donations as well as fundraising. Whatever cannot be paid in fundraising will be paid by the parents. **All of these costs are an estimate**. Coach Corrinne will do her best to stay in range of what was originally quoted.

Uniform: \$300-\$400

Jacket: \$60-\$70

Shoes: \$50-\$60

Practice Gear: \$150 (3 practice tops, 2 shorts)

2 Bows: \$20

Cheer Camp: \$360 for 4 days of camp \$180 for just cheer (two days cheer, two days tumbling)

Bag (optional): \$50

Hoodie (optional): \$40

Poms: \$20

Before every season we try to anticipate the costs for our program. However, as a disclaimer some additional costs may arise throughout the season. Coach Corrinne tries her best every season to find the best deals to keep costs low. This will all come down to how successful our fundraising is per season. Your child should not be deterred from trying out due to inability to meet above costs.

Cheer Camp

Bret Harte cheer will be staying local this year for camp! This season we will be attending ASA's Summer Camp. This camp will remain OPTIONAL but highly recommended. Normal practices at Bret Harte will be canceled that week. Tons of our season material will be taught during this week at camp. Athletes that do not attend will be unable to try out for caption this year. Cheerleaders who do not attend must also learn all cheers and dances outside of practice so they stay up to date with the rest of the squad. First two days of camp will be stunting, cheers, dance, and jumps based. The last two days athletes will learn the basics of tumbling or build on their previous skills. If athletes are unable to attend all 4 days, the first two days of camp are recommended. Athletes will need to provide their own water, and packed lunch. More details to follow.

Communication

The parents, athletes, and Coach Corrinne will communicate through GroupMe. Once your athlete has made the team, you will be added to the site. Parents and athletes must download this app and stay up to date with the messages. Coach Corrinne believes that athletes should have a responsibility in knowing what events are coming up, what forms are due, etc. They will receive all of these updates through

GroupMe. Any monetary commitment will be provided to parents at least 2 weeks prior to the due date through GroupMe.

Student Info Sheet

Name: _____

Incoming Grade Level: 6 7 8

Date of Birth: _____

Parent/Guardian Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Athlete Phone #: _____

Parent Phone #: _____

Parent Phone #: _____

Athlete Email: _____

Parent Email: _____

Parent Email: _____

Do you have any future vacation plans or events that we should be aware of in advance? (Please still fill out absence request form to be approved by your coach)

Tumbling Experience:

Dancing Experience:

Other Sport Background:

Tell the Coach about yourself:

Why do you want to be a Bret Harte Cheerleader?

What are your goals in cheerleading and in life?

What positive attributes would you bring to your team?

How would you show your dedication to your team and teammates?

What do you think are the most important things that make a team successful?

Do you participate in any other activities that might conflict with your commitment to the Bret Harte Cheer Team?

What do your grades look like? How will you balance school and cheer?

Anything else you want your coach to know?

BMHS Cheerleading Attendance Guidelines

Cheerleading is a unique sport, where the absence of one team member affects the entire squad. Absences may lead to loss of participation, and ultimately dismissal from the squad. We cannot emphasize enough the importance of attendance. Planning family activities/vacations around our season is important. Be advised, during the season, calendar changes are necessary. Please be flexible. Please be aware that to meet the expectations of the team, participants need to work schedules around cheer. Each squad member is expected to be present at all practices, fundraisers, and games. Coach Corrinne understands that BHMS athletics has a ton of well rounded athletes with lots of passions and talents. To adhere to our students this year, we will be implementing absence request forms for all non-emergency absences. All vacations

and events must be approved by Coach Corrinne at least 2 weeks in advance. Submitting an absence request form does not guarantee your absence will be approved. Absences are approved on a case by case basis and is up to Coach Corrinne's discretion. Absence request forms will be attached to this packet as well as posted on our Google Drive. If you are excused from a practice, you are responsible for learning the material taught at that practice before the next practice. Without an approved absence request form, absences will only be excused if you are absent from school due to an illness or a family emergency. If you are injured, you are still expected to attend practice, even if that means you can only watch. All appointments (doctor, dentist, etc.) should be scheduled outside of practice. Regardless of the reason for a missed practice, athletes are expected to learn and know the material before they return. Athletes will be given practice off during holidays and school closures. **Two unexcused absences are considered a warning. After the third absence it is up to the coach and faculty advisor if the athlete is to remain on the team.** Athletes are required to be in the cafeteria dressed and ready to go 5 minutes before practice starts.

Cheerleader Signature: _____

Parent Signature: _____

Date: _____

For questions, or more information contact Coach Corrinne Gwartney
gwartneycorrinne@gmail.com

Bret Harte Cheerleading Contract

To enable all to have fun and by enthusiastically facilitating student athletes to develop physically, psychologically, socially, and spiritually to be the best that they can be, the rules for cheerleaders are listed below. The cheerleaders are expected to faithfully abide by these rules and failure to do so may result in suspension or dismissal from the cheerleading team. These rules must be closely adhered to as to insure the effectiveness of the team.

TRYOUTS

- Athletes must have all forms and packets filled out completed before the first day of tryouts.
- Athletes must have at least a 2.0 GPA or higher in order to try out.
- Athletes must provide Coach Corrinne with all vacation dates at the first day of tryouts to potentially be excused.

- Athletes should come to tryouts in athletic shorts or pants, athletic shoes, and an athletic shirt. Hair must be up and out of your face, and all jewelry must be taken out.
- Once the team has been selected, all decisions are final.

PRACTICES

- All practices are mandatory excluding family emergencies, illness, and pre approved vacations (must be approved using an absence request form) 2 unexcused absences you will get a warning, 3 unexcused absences may result in removal from the team. If Cheerleader misses practice for any reason other than a family emergency or not attending school due to illness, absence will be counted as unexcused.
- Practice times will be Monday & Wednesday 3:30-5
- All practices are closed! No parents or family is allowed to attend.
- Athletes will be given practice off during holidays and school closures. Cheerleaders will be given the whole week of 4th of July off.
- Cheerleaders who miss practice due to illness should notify Coach Corrinne immediately. If illness or Injury sits you out of more than two practices, a doctor's note is required.
- Appointment of any kind (personal, dentist, doctor) should be scheduled around practices and will not be excused.
- Cheerleaders must come to practice in their BHMS Cheer practice shirts and shorts, cheerleading shoes, and hair up. No Jewelry. Nails should be at a sports length. No exceptions will be made.
- Cheerleaders must arrive to practice on time or early.

GAMES

- All basketball games are mandatory.
- Cheerleaders must come in full uniform, shell, liner, skirt, spandex, and cheer shoes (hair and makeup done how the coach specifies).
- Cell Phones must be turned off or on silent during games.
- All athletes must show up 20 minutes early to the game. Tardiness will result in conditioning the following practice.
- All cheerleaders will wear FULL uniform to school the day of the basketball game. If the athlete does not wear what is specified, they will sit out of the game. If this happens more than once, the athlete will be benched and their spot on the team will be reconsidered.

GRADES

- Athletes must have and maintain a gpa of 2.0 or higher to try out for the team and keep their spot on the squad. Grades will be checked after every progress report for gpa. Incoming 6th graders will need to provide their latest grade report.

LEAVING THE TEAM

- Anyone who chooses to leave the team prematurely will not receive any refunds.
- In the San Jose Middle School Athletic League Constitution, it states that you will not be allowed to try out for the next season of sports whenever you quit a team.

CHEERLEADER CONDUCT

- As a Bret Harte Cheerleader you not only represent yourself, your school, and your family. All cheerleaders need to be respectful, kind, and show good sportsmanship at all times.
- There will be absolutely no tolerance for disrespectful behavior. If there is talking back, attitude, or any bullying of the sorts the parent will be notified at the first offense. At the second offense, the parents will be notified and the athlete's dismissal from the team may occur. At the third offense the parent will be notified and dismissal from the team will be imminent. No refunds will be allowed.
- All cheerleaders must monitor what they put on their social media. Anything that is deemed inappropriate may result in the cheerleader being removed from the team.

Any violation of the Bret Harte Cheerleading Rules will be accessed on a case to case basis by the coach and administration. The coach and administration reserves all rights to overturn a rule based on the situation at hand

PARENT CONDUCT

- We ask that parents please discuss any concerns with the coach first and foremost.
- If an athlete has questions or concerns about their position on the team, the athlete should speak with the coach first.
- Parents, please encourage students to create a positive environment by being an example.
- Tryouts, practices, games, and any other times that athletes are together, is not an appropriate time to discuss concerns with coaches. Please contact your coach via email to set up a meeting.

- As with any sport, parents are asked to be respectful and professional with their conduct or further consequences will need to be discussed.

Athlete's Printed Name _____

Parent's/Guardian's Printed Name _____

Athlete's Signature Date _____

Parent's Signature/Guardian Date _____

BHMS Cheer Absence Request Form



All requests must be made at least 2 weeks in advance. Form must be approved by the coach and handed back to the athlete to count as an excused absence.

.....**Parent Portion**.....

Athletes Name: _____ Date of Absence(s): _____

Reason for absence:

Parent Signature: _____

Parent Printed Name: _____

Athlete Signature: _____ Date: _____

.....**Coach's Portion**.....

Date Received: _____ Was this absence approved? Yes or No

Why or Why not?

Coaches Signature: _____